

Texas Girls Coaches Association
LUBBOCK REGION I ALL SPORTS CLINIC

*Sponsored by: The Region I Athletic Directors, Lubbock Sports Authority,
 TGCA and the UIL*
 Monterey High School
 3211 47th Street, Lubbock, Texas
June 10 - 11, 2016

Cost of Attendance: \$70.00 (2016 -17 Membership Card Included)

Time	Event	No.	Site
Friday, June 10			
4:00 - 6:00 p.m.	Registration for Coaches		Cafeteria
5:00 - 6:00 p.m.	Softball Lecture <i>Wes Overton - Midland Lee High School</i>	#1	Room 113
6:00 - 6:15 p.m.	Welcome <i>Mark Ball - LISD Executive Director of Athletics</i>		Cafeteria
6:15 - 7:15 p.m.	UIL Coaches Education <i>Traci Neely - UIL Assistant Athletic Director</i>	#2	Cafeteria
7:15 - 7:45 p.m.	Dinner Provided		Cafeteria
7:45 - 8:45 p.m.	Clinic Key Note Speaker <i>Jennifer Roland - LISD Athletic Director</i>	#3	Cafeteria
9:00 - 10:00 p.m.	TGCA Lectures Volleyball Lecture <i>Denise Johnson - Tarkington High School</i> <i>"Setting - Attention to Details"</i>	#4	New Box
9:00 - 10:00 p.m.	Football Lecture <i>Steve Heryford - Seagraves High School</i>	#5	Film Room
9:00 - 10:00 p.m.	Basketball Lecture <i>Roger Maupin - Weimar High School</i> <i>"Fundamentals - Keeping It Simple"</i>	#6	Old Box
9:00 - 10:00 p.m.	Softball Lecture <i>Billy Coleman - Canyon Randall High School</i>	#7	Room 113
9:00 - 10:00 p.m.	Track Lecture <i>Anthony Torns - Marble Falls High School</i> <i>"Coaching the Hurdles"</i>	#8	Room 126

Time	Event	No.	Site
Saturday, June 11			
7:30 - 8:30 a.m.	Registration for Coaches		Cafeteria
8:00 - 8:30 a.m.	Breakfast Provided		Cafeteria
8:30 - 9:15 a.m.	Trainer Lecture - Health & Safety <i>Andy Reyes - Monterey High School</i>	#9	Cafeteria
	TGCA Lectures		
9:20 - 10:20 a.m.	Volleyball Lecture <i>Denise Johnson - Tarkington High School</i> <i>"Off-Season Workouts to Build Success"</i>	#10	New Box/Room 115
9:20 - 10:20 a.m.	Football Lecture <i>Wayne Hutchinson - Monterey High School</i> <i>"Hawk Tackling"</i>	#11	Film Room
9:20 - 10:20 a.m.	Basketball Lecture <i>Roger Maupin - Weimar High School</i> <i>"Off Season Conditioning and Weights"</i>	#12	Old Box
9:20 - 10:20 a.m.	Softball Lecture <i>GWTSCA All-Star Demonstrations 1A-4A</i>	#13	LCU Softball Field 5601 19th Street
9:20 - 10:20 a.m.	Cross Country Lecture <i>Anthony Torns - Marble Falls High School</i> <i>"Weightlifting for Runners"</i>	#14	Track/Room 126
	TGCA Lectures		
10:30 - 11:30 a.m.	Volleyball Lecture <i>Denise Johnson - Tarkington High School</i> <i>"Building Culture in a Volleyball Program"</i>	#15	Room 115
10:30 - 11:30 a.m.	Football Lecture <i>Tory Stephens - Texas Tech University</i> <i>"Junior High Strength & Conditioning"</i>	#16	Film Room
10:30 - 11:30 a.m.	Basketball Lecture <i>Roger Maupin - Weimar High School</i> <i>"Gaining a Mental Edge"</i>	#17	Room 113
10:30 - 11:30 a.m.	Softball Lecture <i>GWTSCA All-Star Demonstrations 5A-6A</i>	#18	LCU Softball Field 5601 19th Street
10:30 - 11:30 a.m.	Track Lecture <i>Anthony Torns - Marble Falls High School</i> <i>"Block Starts"</i>	#19	Track/APR
	Region I Area Lectures		
11:40 a. - 12:40 p.	Volleyball Lecture <i>Kelly Lozada - Monterey High School</i>	#20	New Box
11:40 a. - 12:40 p.	Basketball Lecture <i>Danny Wren - Plainview High School</i>	#21	Old Box
11:40 a. - 12:40 p.	Football Lecture <i>Seth Parr - Coronado High School</i>	#22	Film Room
11:40 a. - 12:40 p.	Track Lecture <i>Sean Hargrave - Tascosa High School</i> <i>"Distance"</i>	#23	Room 126